**第十二周——2022-2023学年高一英语牛津译林版（2020）必修第一、二册每周一测**

学校：\_\_\_\_\_\_\_\_\_\_\_姓名：\_\_\_\_\_\_\_\_\_\_\_班级：\_\_\_\_\_\_\_\_\_\_\_考号：\_\_\_\_\_\_\_\_\_\_\_

**一、阅读理解**

**1、SPORTS EVENTS**

**BASKETBALL**

    Central Sports Centre, City Road.

    All Stars vs Rockets, Saturday 8:30 p.m. $12

    Northerners vs Tigers, Sunday noon $14

**BUSH WALKING**

    Meet at Wanda Station, Saturday 9:00 a.m. sharp for a 3-hour walk to Canary Mountains. $7, call 341-5432.

    Meet at Westley Station, Sunday 9:00 a.m. sharp for a full day walk to Wombak Valley. $5, call 341-8643. Bring your own lunch.

**SOCCER**

    St Martins Sports Centre

    St Martins vs Doonsberg, Saturday 2:00 p.m. $8

    Eastside Central vs Light Hill, Sunday 2:00 p.m. $8

    Neill Park Recreation Centre

    Neill Park vs Robinson, Saturday 2:00 p.m. $11

    Essen vs Springwood, Sunday 2:00 p.m. $11

**LAWN BOWLS**

    Tans Town B.C.

    Tans Town vs White Vale, Saturday 9:00 p.m. $10

    Wake Hill B.C.

    Wake Hill vs Colls, Saturday 2:00 p.m. $9

1.\_\_\_\_\_ sports events are to be held at Saturday 2:00 p.m. according to the passage.  
A.Two B.Three C.Four D.Five  
2.You may find the passage most probably in a \_\_\_\_\_.  
A.handbook about tour B.notice about sports  
C.magazine about ball matches D.blog about match reviews  
3.If you have $18, you can go to both \_\_\_\_\_.  
A.All Stars vs Rockets and the bush walking at Westley Station  
B.Wake Hill vs Colls and Essen vs Springwood  
C.Neill Park vs Robinson and Eastside Central vs Light Hill  
D.St Martins vs Doonsberg and Northerners vs Tigers

2、    On the night of August 24, 2001, everything changed when my friend's car hit a wall with me inside. I lost most of my right leg, and I was left bleeding with several broken **bones**. At the hospital, although my body was weak, my mind was still very clear. I just kept telling myself to hold on. A week later, I made a deal with the doctors that once I could roll onto my side, I could leave. Two weeks later, I was allowed to go home.

    Although I left the hospital, the fight was far from over. My left knee was badly **injured**, which resulted in different operations over the next few years.

    And soon, more of my right leg had to be removed. This made it harder to wear my false leg, so I donated it to a nurse who couldn't afford one for herself. The joy of being able to provide this gift for someone else was greater than the happiness I felt on any day that I was able to wear it myself.

    People often tell me they're proud of me for staying strong. But in my mind, staying strong has always been my only choice. So, on the day I left the hospital, I made a promise to myself to always live life to the fullest. Now, I may not be able to do things the way everybody else does them, but still, I always find a way to do them. I soon settled into everyday life again, until one day I realized I wasn't living my life as fully as I wanted to.

    After 13 years of thinking that I was confident, I had an unfamiliar feeling that swept over me. For the first time in my life, I was not only confident but I wanted to help those around me.

    In 2014, I even started modeling. My dream is that one day a little girl will see me in a magazine and say, "Wow, she's beautiful, and she only has one leg. I can do that too someday, even though I have a disability." My dream is simple: to **inspire** every man, woman, and child to know and believe that they are beautiful just the way they are.

1. How did the author feel after the car accident?  
A. She complained that life was unfair to her.  
B. She was unable to accept the loss of her leg.  
C. She kept a positive attitude toward life.  
D. She felt lucky that she was still alive.  
2. Why did the author feel happy in Paragraph 3?  
A. She was able to offer help to others.  
B. She could wear her false leg again.  
C. She had lived her life to the fullest.  
D. She could do everyday things the same as everybody else.  
3. Why did the author begin modeling in 2014?  
A. She wanted to be a famous magazine star.  
B. She wanted to encourage others to be confident in themselves.  
C. She wanted to challenge herself to be a speaker.  
D. She wanted to prove that disabled people could also succeed.  
4. What was the author's main purpose in writing the article?  
A. To stress the importance of having a dream.  
B. To show how difficult the life is for disabled people.  
C. To inspire others by sharing her past experiences.  
D. To give advice to disabled people on how to make a living.

3、    According to a recent study in the *Journal of Consumer* Research, both the size and consumption habits of our eating companions can influence our food intake. And contrary to existing research that says you should avoid eating with heavier people who order large *portions*(份), it's the beanpoles with big appetites you really need to avoid.

    To test the effect of social influence on eating habits, the researchers conducted two experiments. In the first, 95 undergraduate women were individually invited into a lab to *ostensibly*(表面上) participate in a study about movie viewership. Before the film began, each woman was asked to help herself to a snack. An actor hired by the researchers grabbed her food first. In her natural state, the actor weighed 105 pounds. But in half the cases she wore a specially designed fat suit which increased her weight to 180 pounds.

    Both the fat and thin versions of the actor took a large amount of food. The participants followed suit, taking more food than they normally would have. However, they took significantly more when the actor was thin.

    For the second test, in one case the thin actor took two pieces of candy from the snack bowls. In the other case, she took 30 pieces. The results were similar to the first test: the participants followed suit but took significantly more candy when the thin actor took 30 pieces.

    The tests show that the social environment is extremely influential when we're making decisions. If this fellow participant is going to eat more, so will I. Call it the "I'll have what she's having" effect. However, we'll adjust the influence. If an overweight person is having a large portion, I'll hold back a bit because I see the results of his eating habits. But if a thin person eats a lot, I'll follow suit. If he can eat much and keep slim, why can't I?

1.What is the recent study mainly about?  
A.Food safety. B.Movie viewership.  
C.Consumer demand. D.Eating behavior.  
2.What does the underlined word "beanpoles" in Paragraph 1 refer to?  
A.Big eaters. B.Overweight persons.  
C.Picky eaters. D.Tall thin persons.  
3.Why did the researchers hire the actor?  
A.To see how she would affect the participants. B.To test if the participants could recognize her.  
C.To find out what she would do in the two tests. D.To study why she could keep her weight down.  
4.On what basis do we "adjust the influence" according to the last paragraph?  
A.How hungry we are. B.How slim we want to be.  
C.How we perceive others. D.How we feel about the food.

4、    Have you ever run into a careless cell phone user on the street? Perhaps they were busy talking, texting or checking updates on WeChat without looking at what was going on around them. As the number of this new "species" of human has kept rising, they have been given a new name—*phubbers*(低头族).

    A cartoon made by students from China Central Academy of Fine Arts put this group of people under the spotlight. In the short film, phubbers with various social *identities*(身份) are buried in their phones. A doctor plays with his cell phone while letting his patient die, a pretty woman takes *selfies*(自拍照) in front of a car accident site, and a father loses his child without knowing about it while using his mobile phone. A chain of similar events eventually leads to the destruction of the world.

    Although the ending sounds *exaggerated*(夸大的), the damage phubbing can make it real. Your health is the first to bear the effect and result of it. "Continuously *stretching*(伸展) your head to check your cell phone could damage your neck," *Guangming Daily* quoted doctors as saying. "The neck is like a rope that breaks after long-term stretching." Also, staring at cell phones for long periods of time will damage your eyesight gradually, according to the report.

    But that's not all. Being a phubber could also damage your social skills and drive you away from your friends and family. At reunions with family or friends, many people tend to stick to their cell phones while others are chatting happily with each other and this creates a strange atmosphere, *Qilu Evening News* reported.

    It can also cost you your life. There have been lots of reports on phubbers who fell to their death, suffered accidents, and were *robbed*(抢劫) of their cell phones in broad daylight.

1.The author gives the example of a cartoon in Paragraph 2 \_\_\_\_\_.  
A.to advertise the cartoon made by students  
B.to inform people of the bad effects of phubbing  
C.to show the world will finally be destroyed by phubbers  
D.to warn doctors against using cell phones while treating patients  
2.Which of the following is NOT a risk a phubber may have?  
A.His/Her social skills could be affected.  
B.His/Her neck and eyesight will be gradually harmed.  
C.He/She will cause the destruction of the world.  
D.He/She might get separated from his friends and family.  
3.The author's attitude towards phubbing is \_\_\_\_\_.  
A.negative B.supportive C.optimistic D.objective  
4.What may the passage talk about next?  
A.Measures to reduce the risks of phubbing. B.Consequences of phubbing.  
C.People addicted to phubbing. D.Advice on how to use a cell phone.

**二、七选五**

**5、A Few Tips for Self-Acceptance**

    We all want it...to accept and love ourselves. But at times it seems too difficult and too far out of reach. ①\_\_\_\_\_ Here's a handful of ways that will set you in the right direction.

    ●②\_\_\_\_\_ Do not follow the people who make you feel not-good-enough. Why do you follow them? Are you hoping that eventually you will feel empowered because your life is better than theirs? Know that your life is your own; you are the only you in this world.

    ●Forgive yourself for mistakes that you have made. We are often ashamed of our shortcomings, our mistakes and our failures. ③\_\_\_\_\_ You will make mistakes, time and time again. Rather than getting caught up in how you could have done better, why not offer yourself a *compassionate*(有同情心) response? "That didn't go as planned. But, I tried my best."

    ●Recognize all of your strengths. Write them down in a journal. Begin to train your brain to look at strength before weakness. List all of your accomplishments and achievements. You have a job, earned your degree, and you got out of bed today. ④\_\_\_\_\_

    ●Now that you've listed your strengths, list your imperfections. Turn the page in your journal. Put into words why you feel unworthy, why you don't feel good enough. Now, read these words back to yourself. ⑤\_\_\_\_\_ Turn to a page in your journal to your list of strengths and achievements. See how awesome you are?

A.Feeling upset again?

B.Where do you start?

C.Nothing is too small to celebrate.

D.Remember, you are only human.

E.Set an intention for self-acceptance.

F.Stop comparing yourself with others.

G.When does the comparison game start?

**三、完形填空（15空）**

6、    I grew up in a poor family. We had little money, but plenty of love and attention. I was    1    and energetic. I understood that no matter how poor a person was, he could still    2    a dream.

    My dream was    3    . By the time I was sixteen, I started playing baseball. I could throw a ninety-mile-per-hour fastball and hit anything that moved on the football field. I was also    4    . My high school coach was John, who not only believed in me, but also taught me how to believe in myself. He    5    me the difference between having a dream and remaining true to that dream. One particular    6    with Coach John changed my life forever.

    A friend suggested me for a summer job. This meant a chance for money in my pocket—money for a new bike, new clothes and the    7    of savings for a house for my mother. Then I realized I would have to    8    up summer baseball to handle the work schedule, and that meant I would have to tell John I wouldn't be playing.

    When I told John, he was    9    as I expected him to be. "You have your whole life to work," he said. "Your    10    days are limited. You can't afford to waste them." I stood before him with my head    11    , trying to think of the    12    that would explain to him why my dream of buying my mom a house and having money in my pocket was worth facing his    13    in me.

    "How much will you make at this job, son?" he asked, "3.5 dollars an hour," I replied. "Well," he asked, "is $3.5 an hour the price of a dream?"

    That simple question made    14    for me the difference between    15    something at once and having a goal. I decided myself to play sports that summer and within the year I was hired by the Pittsburgh Pirates to play baseball, and was offered a $20,000 contract. In 1999, I bought my mother the house of my dream!

1.A.polite     B.happy     C.shy     D.honest  
2.A.live     B.make     C.afford     D.need  
3.A.music     B.business     C.money     D.athletics  
4.A.right     B.popular     C.lucky    D.confident  
5.A.gave     B.taught     C.brought     D.asked  
6.A.accident     B.matter     C.problem     D.experience  
7.A.thought     B.idea     C.start     D.work  
8.A.keep     B.end     C.give     D.pick  
9.A.annoyed     B.awkward     C.frightened     D.curious  
10.A.living     B.playing     C.working     D.learning  
11.A.moving     B.nodding     C.shaking     D.hanging  
12.A.answers     B.excuses     C.words     D.ways  
13.A.sadness     B.regret     C.hopelessness     D.disappointment  
14.A.last     B.clear     C.advanced     D.amazed  
15.A.wanting     B.changing     C.dreaming     D.enjoying

**四、语法填空**

7、    Starting a wildlife conservation center is a necessary ①\_\_\_\_\_\_\_\_\_ important job, but it hardly brings money to its founder and so it is for Jane Thomas. She spent several years ②\_\_\_\_\_\_\_\_\_(build) the Motley Zoo, and devoted herself to wildlife ③\_\_\_\_\_\_\_\_\_(protect) in Redmond, Washington, but all money she made was spent straight back on the zoo. She was determined ④\_\_\_\_\_\_\_\_\_(continue) to do her work, even though there was little money to reward her.

    But things changed this year. "As crazy as it sounded, because of my efforts, I received a secret donation: $ 9,000," Thomas said. She decided to use the money ⑤\_\_\_\_\_\_\_\_\_ was donated by a stranger this year to rescue more animals. She advertised the animal rescue on the street and received much support from ⑥\_\_\_\_\_\_\_\_\_ public.

    Thomas said, "Ever since I advertised the animal rescue on the street, I ⑦\_\_\_\_\_\_\_\_\_(attract) many people. Now when I walk on the street, many ⑧\_\_\_\_\_\_\_\_\_(passer-by) wave and even shout to me 'I adopted (收养) my dog from you!' I feel ⑨\_\_\_\_\_\_\_\_\_(shock) that people treat me ⑩\_\_\_\_\_\_\_\_\_(nicely) than ever."

**五、书面表达**

8、    假如你是李明,你的外国朋友Tom来信说他因为体重增加而担心自己的健康问题,并向你征求一些关于如何保持健康的建议。现在请你给Tom回信,告诉他应该如何保持健康。要点包括:

    1.注意饮食;

    2.加强锻炼;

    3.保证睡眠;

    4.保持好心情。

    注意:

    1.词数80左右;

    2.可以适当增加细节,以使行文连贯。

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**六、读后续写**

9、    阅读下面材料, 根据其内容和所给段落开头语续写两段, 使之构成一篇完整的短文。续写的词数应为150左右。

    Robert and Henry were two friends in the same class. They always played together and went home together. One day Robert and Henry were going home from school, when, on turning a corner, Robert cried out, "A fight! Let's go and see!"

    "No," said Henry. "Let us go quietly home and not *meddle with*(插手) this quarrel. We have nothing to do with it and may get into mischief(trouble). Also our parents are expecting to have dinner with us together at home and I don't want them to worry about me."

    "You are a *coward*(胆小鬼), and afraid to go," said Robert, and off he ran. Henry went straight home, and in the afternoon went to school as usual.

    But Robert had told all the boys that Henry was a coward, and they laughed at him a great deal. From then on, they looked down upon Henry and didn't want to play with him together.

    Henry was sad but he wasn't angry with Robert for his rude behavior, because he learned that true courage is shown most in bearing misunderstanding when it was not deserved, and that he ought to be afraid of nothing but doing wrong. Thus, he just ignored the other boys' laughter and continued to go to school and study as well. However, Robert didn't invite Henry to go home with him anymore. Instead, he had some other boys who also thought Henry was a coward. Every day after school, they didn't go home directly but went to the river or somewhere to play games and had a lot of fun.

    A few days later, Robert was bathing with his new friends in a river, and got out of his depth. He struggled, and *screamed*(尖叫) for help, but all in vain. The boys who had called Henry a coward got out of the water as fast as they could, but they did not even try to help him.

**Paragraph 1:**

    Robert was fast sinking.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Paragraph 2:**

    Thus, Robert's life was saved.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**参考答案**

1、答案：1-3 BBA  
解析：1.细节理解题。根据**SOCCER**部分中的"St Martins vs Doonsberg, Saturday 2:00 p.m. $8"和"Neill Park vs Robinson, Saturday 2:00 p.m. $11", 以及**LAWN BOWLS**部分中的"Wake Hill vs Colls, Saturday 2:00 p.m. $9"可知, 将在周六下午2点举行的体育赛事有3场。故选B项。  
2.推理判断题。阅读全文可知, 本文主要介绍将要举办的比赛的时间和票价, 由此可推断, 这些信息来自一则关于体育的通知。故选B项。  
3.细节理解题。根据文章内容可知: "All Stars vs Rockets"的票价为12美元, "the bush walking at Westley Station"的票价为5美元, 总票价为17美元; "Wake Hill vs Colls"的票价为9美元, "Essen vs Springwood"的票价为11美元, 总票价为20美元; "Neill Park vs Robinson"的票价为11美元, "Eastside Central vs Light Hill"的票价为8美元, 总票价为19美元; "St Martins vs Doonsberg"的票价为8美元, "Northerners vs Tigers"的票价为14美元, 总票价为22美元。如果有18美元, 可以去"All Stars vs Rockets"和"the bush walking at Westley Station"。故选A项。

2、答案：1-4 CABC

解析：1.细节理解题。根据第四段第二、三句But in my mind， staying strong has always been my only choice. So, on the day I left the hospital, I made a promise to myself to always live life to the fullest.可知，作者在经历了车祸之后仍然保持坚强，还向自己许下了一个承诺:要一直过最充实的生活，所以作者面对生活仍然持有积极向上的态度。故选C。

2.细节理解题。根据第三段最后一句The joy of being able to provide this gift for someone else was greater than the happiness I felt on any day that I was able to wear it myself.可知，对作者而言，能把这份礼物送给别人让作者感到比自己穿戴它更幸福，所以作者快乐的原因在于能够帮助别人。故选A。

3.细节理解题。根据倒数第二段最后一句For the first time in my life， I was not only confident but I wanted to help those around me.和最后一段最后一句My dream is simple: to inspire every man, woman, and child to know and believe that they are beautiful just the way they are.可知，作者不仅自己很自信，她还想把这种自信传递给他人，鼓励他人，使他人也对自己充满信心。故选B。

4.推理判断题。根据文章最后一句中的关键词inspire可推知作者写这篇文章的目的是通过分享自己过去的经历来激励他人。故选C。

3、答案：1-4 DDAC  
解析：1.细节理解题。根据第一段中的"According to a recent study in the *Journal of Consumer Research*, both the size and consumption habits of our eating companions can influence our food intake."可知, 根据《消费者研究杂志》最近的一项研究, 我们的饮食同伴的体型和消费习惯都会影响我们的食物摄入量。因此这项研究是关于饮食行为的。故选D项。  
2.词义猜测题。根据第一段中的"And contrary to existing research that says you should avoid eating with heavier people who order large portions, it's the beanpoles with big appetites you really need to avoid."可知, 研究表明, 与现有的研究发现(应该避免和食量大的胖人一起吃饭)相反, 你真正需要避开的是食量大且又高又瘦的人。由"contrary to"可推断出, 画线词和"heavier people"含义相反。故选D项。picky挑剔的; 难伺候的。  
3.推理判断题。根据第二段中的"To test the effect of social influence on eating habits, the researchers conducted two experiments."可知, 为了验证社交对饮食习惯的影响, 研究人员进行了两个实验。根据倒数第三段的内容可知, 在两个实验中, 胖型和瘦型演员都吃了大量的食物。参与者也照做, 吃的食物比平常多。然而, 当演员是瘦型的时候, 参与者们进食更多。由此推断, 研究人员雇用演员是为了查看演员如何影响参与者。故选A项。  
4.推理判断题。根据最后一段中的"If an overweight person is having a large portion, I'll hold back a bit because I see the results of his eating habits. But if a thin person eats a lot, I'll follow suit."可知, 如果一个超重的人吃很大一份, 我会忍住一点, 因为我看到了他饮食习惯的结果。但如果一个瘦的人吃很多, 我会跟着做。因此推断我们对自己饮食的调整是以分析他人的饮食习惯和结果(即如何看待他人)为基础的。故选C项。

4、答案：1-4 BCAA

解析： 1.推理判断题。根据第二段中第二句至结尾内容可知短片讲述了低头看手机的危害, 说明作者用动画短片想告诉人们低头的不良影响。故选B项。  
2.细节理解题。根据第三段中的"Continuously stretching your head to check your cell phone could damage your neck" "...will damage your eyesight gradually"和第四段第二句内容可知, 低头族的脖子和视力会逐渐受损, 社交能力可能会受到影响, C项(他/她将毁灭世界)未提及。故选C项。  
3.观点态度题。根据第三段中的"Although the ending sounds exaggerated, the damage phubbing can make it real."和最后一段"It can also cost you your life. There have been lots of reports on phubbers who fell to their death, suffered accidents, and were robbed of their cell phones in broad daylights."可知, 作者认为低头有危害, 不赞同低头, 对低头持消极态度。故选A项。  
4.推理判断题。根据文章内容可推断, 作者在介绍了低头族的行为及其危害后, 下一步可能介绍避免成为低头族的一些措施。故选A项。

5、答案：BFDCA  
解析：①根据题目"**A Few Tips for Self-Acceptance**"及下文的"Here's a handful of ways that will set you in the right direction."可知, 选项B符合下文语境, 故选B项。

②根据下文的"Are you hoping that eventually you will feel empowered because your life is better than theirs? Know that your life is your own; you are the only you in this world."可知, 本段主要讲述不要把自己和别人做比较, 因为生活是我们自己的, 我们也是世界上独一无二的。故选F项。

③根据本文的中心句"Forgive yourself for mistakes that you have made."及下文的"You will make mistakes, time and time again."可知, 本句是在说明要把自己看作一个普通人, 普通人是会犯错的。故选D项。

④根据上文的"List all of your accomplishments and achievements. You have a job, earned your degree, and you got out of bed today."可知, 这些小事都是你取得的成就, 都值得庆祝, 即没有什么事是太小而不值得庆祝的。故选C项。

⑤结合上文的"Put into words why you feel unworthy, why you don't feel good enough. Now, read these words back to yourself."和下文的"Turn to a page in your journal to your list of strengths and achievements. See how awesome you are?"可推知本句是在说明"再次感到心烦意乱"的情况。故选A项。

6、答案：1-5 BCDCB 6-10 DCCAB 11-15 DCDBA

解析：1.考查形容词词义辨析。根据上文"We had little money, but plenty of love and attention."可知, "我"得到了很多爱和关注, 由此可推断出, "我"是"快乐的"。故选B项。  
2.考查动词词义辨析。根据上文"no matter how poor a person was"可知, 句子表示让步关系, 一个人无论多么贫穷, 仍然可以"承担得起"一个梦想, afford在句中表示"承担得起", 符合语境。故选C项。  
3.考查名词词义辨析。根据下文"By the time I was sixteen, I started playing baseball."可知, "我"的爱好是打棒球, 由此可推断出, "我"的梦想是"体育运动"。故选D项。  
4.考查形容词词义辨析。根据下文可知, 作者有一个好教练, 不仅相信他, 还教会他如何相信自己, 由此可推断出, 作者是"幸运的"。故选C项。  
5.考查动词词义辨析。结合下文的事情可知, 在作者想要放弃练习棒球去赚钱时, 是教练阻止了作者, 告诉作者坚持梦想的重要性, 由此可推断出, 空格处是"教会了"作者拥有梦想和忠于梦想的区别。故选B项。  
6.考查名词词义辨析。根据下文可知, 有一次作者想要放弃练习棒球去赚钱, 但教练阻止了作者, 告诉作者坚持梦想的重要性, 由此可推断出, 下文描述的作者和教练之间一次特殊的"经历"。故选D项。  
7.考查名词词义辨析。根据空后的"of savings for a house"和生活常识可知, 买房子需要很多钱, 需要一段时间的积攒, 由此可推断出这里作者是想把打工赚的钱作为攒钱的"开始"。故选C项。  
8.考查动词词义辨析。根据下文"to handle the work schedule"可知, 作者需要应付工作日程, 由此可推断出, 他不得不"放弃"夏季棒球, give up意为"放弃", 为固定短语, 符合语境。故选C项。  
9.考査形容词词义辨析。根据下文"Your    10    days are limited. You can't afford to waste them."可知, 教练认为作者不应该浪费宝贵的时间去工作, 由此可推断出, 教练是"生气的"。故选A项。  
10.考查形容词词义辨析。根据生活常识可知, 运动员的运动生涯是有限的, 到了体力不支时会选择退役, 由此可推断出, 这里教练说的是"打球的"时间是有限的。故选B项。  
11.考查动词词义辨析。根据上文可知, 教练很生气, 正在和作者讲道理, 由此可推断出, 面对教练的教育, 作者应该是低着头, hang意为"垂下", 符合语境。故选D项。  
12.考查名词词义辨析。根据空后的"that would explain to him"可知, "我"是在想用什么样的"话"才能和教练解释, word意为"话语, 言语", 符合语境。故选C项。  
13.考查名词词义辨析。根据上文可知, "我"要利用宝贵的打球时间去打工, 可推断出教练对我的做法是"失望的"。故选D项。  
14.考查形容词词义辨析。根据下文可知, "我"放弃了工作, 选择继续打球, 由此可推断出, "我" "明白了"教练想要告诉"我"的道理, make clear意为"弄清楚", 为固定搭配。故选B项。  
15.考查动词词义辨析。根据上文可知, 作者之所以要去工作, 是"想要"口袋里有钱, "想要"给妈妈买房子, 由此可推断出, 这里作者明白了立刻"想要"什么东西和有一个目标的区别。故选A项。

7、答案： and ; building ; protection; to continue; which/that; the; have attracted; passers-by; shocked; more nicely  
解析：本文是一篇记叙文。文章叙述了Jane Thomas拯救小动物的故事。

①句中形容词necessary和important是并列关系, 所以用并列连词and。故填and。

②此处sb. spent+时间/钱+(in)doing sth.意为“某人花时间/钱做某事”,所以要用动词的-ing形式。故填building。

③此处to为介词,后面跟名词,所以要填protect的名词形式。故填protection。

④此处be determined to do sth.意为“决心做某事”,为固定用法。故填to continue。

⑤此处是限制性定语从句,先行词是"the money",指物,在定语从句中做主语,应用关系代词which或that引导。故填which或that。

⑥public用作名词时表示“公众,民众”,是集合名词,常与定冠词the连用。故填the。

⑦根据"Ever since"可知,主句要用现在完成时,且主语是I。故填have attracted。

⑧由many可知,此处应用复数形式。故填passers-by。

⑨此处为主系表结构,应用形容词做表语,主语为I,指人,应用-ed结尾的形容词。故填shocked。

⑩由空后的"than ever"可知,此处是现在和以前两种情况的比较,所以要用副词的比较级,故填more nicely。

8、答案：

Dear Tom,

    I feel honored to provide you with some advice on health. Here are some tips to keep healthy.

    Firstly, you need a healthy and balanced diet. Besides, don't eat the foods containing too much sugar or fat, which will make you put on weight easily. Also, it is important to form good living habits such as taking exercise regularly and having enough sleep. What's more, it is of great help to you if you are in a good mood.

    I'm looking forward to your good news that you are improving your health.

Yours truly,

Li Ming

解析：

9、答案：

**Paragraph 1:**

    Robert was fast sinking. It seemed as if Robert would be drowned. Just at the moment, Henry happened to be passing by. Hearing the screams. Henry ran to the riverside, threw off his clothes and jumped into the water without hesitation. He reached Robert just as he was sinking the last time. With great effort, and at the risk of drowning himself, he brought Robert to the shore.

**Paragraph 2:**

    Thus, Robert's life was saved. Robert and his new friends were ashamed of having called Henry a coward. They realised that Henry had true courage. They said sorry to Henry for their rude behavior and asked for his forgiveness. Henry forgave them happily. He and Robert were friends again and they went home together as usual. From this, Robert learned what true courage was: never be afraid to do good, but always fear to do evil.

解析：